

## Calendar of Events 2016

Community Outreach	: March 26
Sunday school Fellowship Night	: April 09
Church Inauguration	: May 07
<b>PCNAK</b>	<b>: June 30 – July 03</b>
<b>PYPA VBS - Viscadi Center</b>	<b>: July 6-8</b>
<b>PICNIC &amp; Community Outreach</b>	<b>: July 23</b>
<b>IPC Family Conference, South Florida</b>	<b>: July 28 – 31</b>
<b>ICA VBS</b>	<b>: August 3-5</b>
<b>ICA Retreat</b>	<b>: August 12-14</b>
<b>Sunday school Anniversary</b>	<b>: September 17</b>
<b>IPC Eastern Region Convention</b>	<b>: October 6 - 9</b>
<b>Family Fellowship Night</b>	<b>: Date TBD</b>
<b>Mission Night</b>	<b>: November 14</b>
<b>Thanksgiving service &amp; Charity Night</b>	<b>: November 26</b>
<b>Special Meetings</b>	<b>: Date TBD</b>

## ICA SUNDAY SERVICE

Sunday Service @ 9:30 am & 11: 15 am  
Sunday School @ 11:15 am

### INDIA CHRISTIAN ASSEMBLY

100 Periwinkle Rd, Levittown, New York 11756

Tel.516.390.9545

Pastor: Rev. Samuel John 516.361.7575

[www.nyica.org](http://www.nyica.org), [pastor@nyica.org](mailto:pastor@nyica.org)

## WELCOME TO ICA SUNDAY SERVICE

Date : March 13, 2016



## WEEKLY ICA VOICE

### THIS WEEK'S MEETING

WEDNESDAY NIGHT PRAYER @ 07:30 PM  
AT BRO. KURIAN T. THOMAS'S RESIDENCE IN  
SYOSSET  
(23 MESA ROAD, SYOSSET, NY 11791)

FRIDAY FASTING AND PRAYER @10:30 AM  
AT SIS. ALEYAMMA VALLOOR'S RESIDENCE  
IN MINEOLA,  
( 419 WILSON BLVD, MINEOLA, NY 11501)

SATURDAY NIGHT PRAYER @ 07:00 PM AT ICA

## Thank God, For My Health

"For many Americans, health care is the single biggest annual expense. Last year alone, the average family of four covered by a typical employer-sponsored health plan spent **\$10,473** in premiums and other out-of-pocket costs, according to the nonpartisan research organization the Milliman Medical Index. That is almost **20%** of the median American family's **annual income of \$53,000**.

Last summer, Elaine Hightower, a graphic designer in Atlanta, found out she had to have two surgeries, one on each thumb, for arthritis.....if you include her **\$568 monthly premium**, her in-network deductible, plus the \$12,600 in surprise bills, Hightower expects to pay **\$22,916** for her healthcare last year alone. That is close to **half her after-tax take-home pay.**" (TIME magazine, March 14, 2016 page 47)

I thanked God much when I read this last week. Most, if not all, of us do not face this kind of expenses. I find several reasons for us to thank God when we read articles like this.

- An average family spent \$10,473 in premiums and deductibles etc. I thank God for not being in that group. We, as a family did not spend that kind of amount on medical insurance, in spite of my treatment for diabetes. I guess we have a pretty decent insurance coverage – thank God for that.
- \$568 monthly premium – for one person. Again thank God for not having such a premium in our insurance plan.
- \$22,916 total expense for a surgery, which probably is a minor one compared to a heart surgery or something like that. I don't know if those of us who had to undergo such treatments had to pay such amount. Thank God.
- The above amount was almost half of her take-home pay. I am sure none of us had to ever spend almost half of the salary for medical expenses. Thank God for that.
- Median American family's annual income is \$53,000 – family income, not an individual's. Thank God, for we are (maybe all of us) above that level. Thank God for the well-paying jobs we have.
- 20% of annual income is spent just on premiums and deductibles. We certainly don't spend 20% of our income each year.
- Thank God for the good health we enjoy. We can thank God also for the healing that we receive from him. It is true sometimes we do treatments and spend money in treating diseases, still the healing comes from Him. We can thank God for all the times that He does not allow diseases in our life. We can thank Him also for the strength and grace He gives us to endure the sufferings that we face.

He said to the Israelites, "I am the Lord that heals you." That promise is applicable to us also. The prophet said, "by His wounds we are healed". When God allowed Satan to plague Job, He set limits as to how far he can go. When He did not heal Paul His grace served as the medicine and the source of his strength.

He is the same yesterday, today, and tomorrow. He will be our provider, shield, strength, healer and the source of everything we will need in our life. Thank God for who He is and what He does for me!

*Bro. P. A Samuel*

\*\*\*\*\*

**Have you reached the goal of the Bible reading plan for the week?**  
**Are you happy with the amount of time spent in talking to the Father this week?**

Bible Reading Plan for this Week	
<b>March 13, 2016</b>	<b>1 Corinthians 5-6</b>
<b>March 14, 2016</b>	<b>Genesis 40-43</b>
<b>March 15, 2016</b>	<b>I Samuel 1 –5</b>
<b>March 16, 2016</b>	<b>Psalms 30-32</b>
<b>March 17, 2016</b>	<b>Job 21-22</b>
<b>March 18, 2016</b>	<b>Isaiah 56-61</b>
<b>March 19, 2016</b>	<b>Mark 1-2</b>

.....

**“I am the LORD who heals you”**

**Please pray for:**

**Mrs. Marykutty Thomas (Sist. Suja's Mom),**  
**Bro. Babu Thannickal, Sist. Shiny Chacko, Sam Mathew,**  
**Ammini George, Mariamma Johny (Kunjumol),**  
**Usha Danielkutty, Kiran (Dr. Jolly Mathew's granddaughter),**  
**Nirmala (Friend of Snehalatha Nair), Baby Anaya, Sist. Jolly Jacob**  
**& all who are sick among us.**

.....